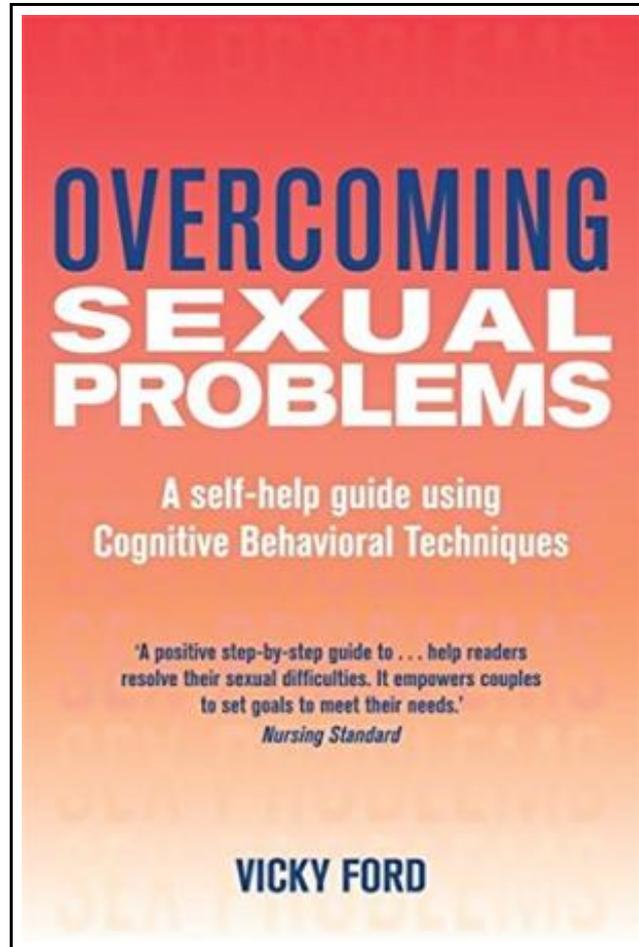


Overcoming Sexual Problems



Filesize: 9.43 MB

Reviews

*A new eBook with a brand new point of view. It really is written in basic words and not confusing. I discovered this publication from my i and dad recommended this book to find out.
(Miss Annamarie Ebert I)*

OVERCOMING SEXUAL PROBLEMS



Little, Brown Book Group. Paperback. Book Condition: new. BRAND NEW, Overcoming Sexual Problems, Vicki Ford, Experienced sex therapist Vicki Ford provides a guide to understanding sexual problems including impotence and loss of sexual desire, premature ejaculation and lack of orgasm. The links between mind and body are explained, and how they tend to go wrong. She sets out simple and effective techniques based on CBT that can restore confidence and bring about a mutually satisfying sex life for both partners. - Suitable for both singles and couples - Practical exercises to develop responsiveness and an understanding of your body - Looks at the impact of aging, disability, religion, infidelity, abuse, infertility, childbirth, bereavement, medication and addiction - Specific techniques for specific problems - Contains a complete self-help program and monitoring sheets - Based on clinically proven cognitive behavioural therapy.



[Read Overcoming Sexual Problems Online](#)



[Download PDF Overcoming Sexual Problems](#)

Related PDFs



Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition)

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition), Theresa Casey, 'Theresa's book is full of lots of inspiring, practical, 'how...

[Read eBook »](#)



My Brother is Autistic

Barron's Educational Series Inc.,U.S. Paperback. Book Condition: new. BRAND NEW, My Brother is Autistic, Jennifer Moore-Mallinos, Medical experts are just beginning to understand varying degrees of autism and its impact on both the autistic child...

[Read eBook »](#)



Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video...

[Read eBook »](#)



The Official eBay Guide: To Buying, Selling and Collecting Just About Everything

Simon & Schuster Ltd. Paperback. Book Condition: new. BRAND NEW, The Official eBay Guide: To Buying, Selling and Collecting Just About Everything, Laura Fisher Kaiser, Michael Kaiser, Omidyar, Pierre, HAPPY HUNTING(TM) ON eBay Aunt Fannie's...

[Read eBook »](#)



A Parent s Guide to STEM

U.S. News World Report, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.This lively, colorful guidebook provides everything you need to know...

[Read eBook »](#)