



How I Got My St Together: An Introspective Workbook to Help You Find Your Passion and Purpose in Life

By Maggie Steele

Outskirts Press. Hardcover. Book Condition: New. Hardcover. 232 pages. Dimensions: 8.8in. x 5.8in. x 1.0in. Start living the life you want! Each one of us has been given this precious gift of life, and yet, most of us don't realize what that actually means. We all know that we are going to die. That is a given. When, however, is rarely known and it is surprising that so many of us refuse to take advantage of the time we have. We allow fear to guide us instead of courage. We welcome resentment and pain instead of love and compassion. Laughter feels so much better than angst, and yet we choose stress and worry, over joy and good humor. How I Got My St Together - is a guide to fulfillment in which Maggie Steele shares how she turned her life around and shows us how to do the same. No matter what our past experiences have been, we are each entitled to a clean slate and a fresh start. This workbook is filled with thought provoking questions that open your mind and allow your soul to breathe. It helps you realize that only you have the power to create the life...



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