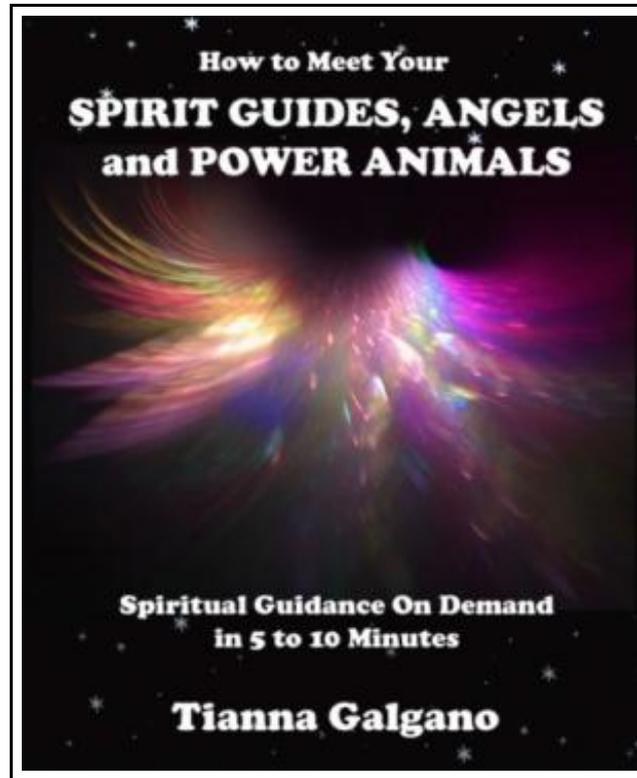


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HOW TO MEET YOUR SPIRIT GUIDES, ANGELS AND POWER ANIMALS: SPIRITUAL GUIDANCE ON DEMAND IN 5 TO 10 MINUTES, A PRACTICAL GUIDE



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Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 130 pages. Dimensions: 9.1in. x 7.3in. x 0.6in. Experience profound ways to achieve spiritual mastery in just five to ten minutes a day whether you are a beginner or have been meditating for awhile. This Practical Guide has fourteen meditations, designed to meet numerous types of spirit guides, including angels and power animals. It teaches practical methods for interacting with guides and how to experience spiritual inner journeys with them. There are suggestions for good questions to ask of the guides that provide quality answers and insightful information. By practicing each meditation several times, it will become effortless to call on any guide on demand. A guide will appear instantly when spiritual help is wanted or needed. Besides learning brand new ways to communicate with spirit guides, angels and power animals that are already in ones awareness, meditations include ways to call upon guides for any project or goal, such as writing, healing, learning a new skill, and so on. Discover new spirit guides: Some of the meditations encourage guides to appear that one may never have thought about before, such as meeting with Higher Self, a money guide, a healing guide, and more! A bonus meditation: Merge With a Power Animal is a profound way to obtain an animals power through the bodys kinesthetic (feeling) system. One can then travel with the power animal as if seeing through its eyes. Some of the meditations include shamanic methods of healing, such as soul rescue (soul retrieval), which helps one travel into the subconscious, find a past traumatic memory and then rescue the younger self trapped within it. For those working on self-growth, abundance, creativity and/or healing, a unique meditation asks a spirit guide to lead them directly to a future...



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